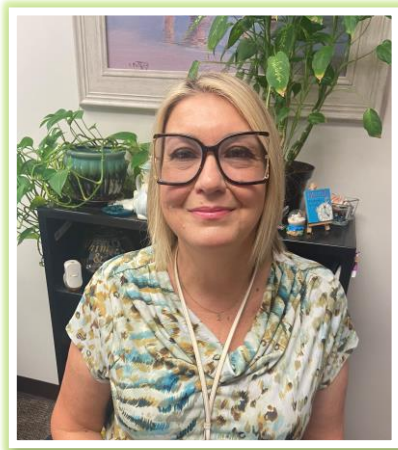


# Genogram, Ecomap, Timeline (GET)



**Instructor:**

Sheri Marquez, LMFT

***Instructor Information:***

Sheri Marquez is a Licensed Marriage and Family Therapist (LMFT) with over 25 years of experience in the mental health field. She obtained her master's degree from Loma Linda University. She has worked for RUHS-BH since 2015 as a Behavioral Health Supervisor for the Lehman Center Clinic. She developed the Square Model and trainings on how to apply this model for San Bernardino and Riverside County behavioral health agencies.

***Course Description:***

This is an experiential workshop designed to create a structure for the course of treatment using Genograms, Ecomaps and Timelines (GET). GET(s) were designed as assessment tools.; however, this workshop will demonstrate their use as a scaffold for ongoing treatment. This is a dynamic process responding to and collaborating with the client. GET(s) are complementary to all treatment modalities and effective with diverse clients

**Date:** April 12, 2023

**Time:** 8:30am-12:45pm

**Location:** 2085 Rustin Ave Riverside Ca 92057  
Conference Center Entrance 1

**RUHS-BH Staff - Please register for this course via COR at <http://corlearning.rc-hr.com>  
All other interested partners, please visit [www.rcdmh.org/wet](http://www.rcdmh.org/wet)**

**Free to all registered participants**

**Continuing Education Credits:** This course meets the qualifications for 4 continuing education units/credits/hours.

## **Genogram, Ecomap, Timeline (GET)**

**April 12, 2023**

**8:30am-12:45pm**

**Course Description:** The GET training is design to enhance assessment and treatment. Genograms, Ecomaps and Timelines are used as assessment tools and as interventions in an ongoing treatment design. The GET presentation is a creative and experiential workshop divided into two parts. The first part covers how to use Genograms, Ecomaps and Timelines (GETs) in new and innovative ways during the entire course of treatment. The presenter demonstrates (GETs) compatibility with therapeutic modalities and use in supervision. This use of (GET's) is a dynamic process responding to and collaborating with clients of diverse age groups and cultures. The second part of the workshop provides an opportunity for all participants to do a Genogram, Ecomap and Timeline, while being coached by the facilitator. Time for each participant to process issues is incorporated into this part of the workshop

**Instructor Information:** Sheri Marquez is a Licensed Marriage and Family Therapist (LMFT) with over 25 years of experience in the mental health profession. She obtained her master's degree from Loma Linda University. She has worked for RUHS-BH since 2015 as a Behavioral Health Supervisor for the Lehman Center Teaching Clinic. She developed the Square Model and has provided trainings for San Bernardino and Riverside County behavioral health agencies. In addition, she was an instructor at the University of California, Riverside Extension and Loma Linda University where she taught Family Dynamics, Brief therapy, and Conflict Resolution courses. She presented a paper and workshop on how to use the Square Model in supervision and while incorporating the Child and Adolescent Needs and Strengths (CANS) instrument at the 10th Annual International CANS/TCOM conference in Chicago 2014.

**Audience:** RUHS-BH Clinical Therapists and other treatment staff. LMFTs, LCSWs, LPCCs, associate-level and support staff providing client care in the public behavioral health system.

Level of training: Introductory - new topic for audience

**Seat #:** 25

**Location:** 2085 Rustin Ave. Riverside Ca 92507

If you need a reasonable accommodation/alternative format for this training event, please contact the Rustin Conference Center at (951) 955-7270 at least fourteen business days (14) prior to the course date.

### **Educational Goals:**

1. Utilize practical and conceptual strategies for treatment planning.
2. Learn to document treatment in an ethical and lawful manner.
3. Improve knowledge of assessment and treatment plans using DSM-5 criteria.

### **Learning Objectives:**

1. Identify when to use GETs during course of treatment from assessment through termination.

2. Identify the role of GETs as a creative Expression, Safe Exploration, Resource Development.
3. Identify how to use GETs in clinic and in the field.
4. Identify how to link GETs to at least one (1) treatment goal.
5. Identify at least one (1) goal while using GETs in Group and Individual Supervision.
6. Identify at least one (1) technique to facilitate cultural exploration.
7. Identify the value of visual interventions.
8. Identify how to integrate GET's in treatment.

**Course outline:**

| <b>Time</b>             | <b>Topic/Content</b>   |
|-------------------------|--|
| 8:30am – 8:45am         | Introduction and Goals   |
| 8:45 am -9:45 am        | Overview of training, When to use GETs, How to Use GETs, Linking to Modalities, Supervision, Cultural Exploration, Visual learning and Integration |
| <b>9:45am – 10:00am</b> | <b>Break (NON-CE)</b>  |
| 10:00am -10:45am        | Instruction, Practice and Processing of Genograms  |
| 10:45am - 11:30am       | Instruction, Practice and Processing of Ecomaps  |
| 11:30am-12:15pm         | Instruction, Practice and Processing of Timelines  |
| 12:15pm-12:45pm         | Questions, Revisit Goals and Evaluation  |

**This course meets the qualifications for 4 continuing education units/credits/hours.**

**Continuing Education:** Course meets the qualifications for 4 hours of continuing education credit for LMFTs, LCSWs, LPCCs, and/or LEPs as required by the California Board of Behavioral Sciences. Riverside University Health System-Behavioral Health is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs and/or LEPs. Riverside University Health System-Behavioral Health maintains responsibility for this program/course and its content.

CAMFT approved continuing education provider number: 1000060

Provider approved by the California Board of Registered Nursing, Provider # CEP17400 for 6 Contact Hours.

Provider approved by CCAPP-EI, Provider Number 1N-98-402-1221 for 4 CEH'S.

Mailing address: Riverside University Health System-Behavioral Health (RUHS-BH), Workforce Education and Training (WET), 2085 Rustin Ave., Riverside, CA 92507.

**Requesting Continuing Education:** Participants interested in receiving continuing education credit or a certificate of participation should contact Sujei Larkin via email at [glarkin@ruhealth.org](mailto:glarkin@ruhealth.org). Please include the following information in your email request: full name, title of training, and certification or license number. For in-person courses, certificates will be issued immediately after the completion of the course. For distance learning courses, certificates will be issued via email or by mail within five (5) business days after the completion of the course and receipt of required documentation.

**Attendance Policy:** Participants who arrive to the course after the scheduled start time may not be admitted. To receive continuing education credit for a course, participants must attend the entire scheduled time. Participants who arrive late, leave early or return late from lunch/breaks will not receive continuing education credit. To receive credit, participants cannot miss more than 15 minutes total of instruction. **There is no partial credit issued.**

**Enrollment/Registration Policy:** RUHS-BH Staff should register for this course via COR Learning Management System (<http://corlearning.rc-hr.com/>). The enrollment deadline is three (3) calendar days prior to the course start date (excluding holidays and weekends). All other interested partners, please visit [www.rcdmh.org/wet](http://www.rcdmh.org/wet).

**Cancellation and Refund Policy:** Registration must be cancelled on or before three (3) calendar days prior to the course start date (excludes holidays and weekends). Riverside University Health System-Behavioral Health does not currently charge fees for continuing education courses or activities sponsored by our agency. Therefore, no refund policy or procedure is currently in affect.

**Grievances:** Please contact training coordinator Taide Arias at [TArias@ruhealth.org](mailto:TArias@ruhealth.org) or 951-955-7265 for questions or concerns about this activity or facilities, or to request a copy of our grievance policy and procedures. Riverside University Health System-Behavioral Health follows all applicable local, state, and federal standards, including the Americans with Disabilities Act of 1990 (ADA), 42 U.S.C. §§ 12101-12213 (2008).